

# Boston Resource Center

## Community Resource Guide

*A directory to various community resources of interest to our members, including health services, housing, food resources, and legal assistance.*

85 East Newton St  
Ground Floor  
Boston, MA 02114  
617-305-9989

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## **About the BRC**

The Boston Resource Center is a peer-run organization, founded in 2005 by Howard Trachtman and Anne Whitman, PhD. The BRC began as a small organization housed within a small space on the fifth floor of the Solomon Carter Fuller Mental Health Center. In 2009, the BRC relocated to the ground floor, expanding its facilities to include a reception area, library, lounge and computer lab. The BRC now receives an average of 40 to 50 visitors a day and growing.

## **Mission Statement**

The Boston Resource Center is a part of the Metro Boston Recovery Learning Community (RLC).

The mission of RLCs is to serve people in recovery from mental health and/or addictions through the use of peers: people with lived experience with mental health and/or addiction treatment. The Metro Boston RLC aims to serve people through the entire Metro Boston area.

The Boston Resource Center (BRC) is a resource connection center located at Boston Medical Center. The BRC is located on the Boston Medical Center campus. It has various support groups, gym access, a library, a computer access and instruction lab and opportunities to connect with other people with lived experience with mental health issues. The BRC is open to the public on Mondays, Wednesdays and Thursdays from 10am-3pm. We have a general support group every day that we are open at 2pm, a men's group 1pm Wednesdays, a women's group 1pm Mondays, and more groups to as announced on the monthly calendar.

Each resource connection center is led by a strong consumer leader backed by a major mental health provider; the Boston Resource Center is directed by Howard D. Trachtman, funded in part through the Department of Mental Health, and backed by the Boston Medical Center.

## **What the BRC Offers**

In addition to a variety of support groups, the BRC has an arts & crafts group, a poetry group, and a weekly community meeting during which community members can have their voices heard. Most groups run around 45 minutes long. The lounge offers coffee, tea, and water, and provides a TV for movies. In the library, community members may use the computers, check out a video, or browse a collection of recovery-related materials. Community members also have scheduled access to the building's gym, fitness center and swimming pool.

Community members are also encouraged to volunteer at the center by creating and facilitating groups, greeting members at the front desk, or helping with administrative tasks that keep the center running.

### **Who the BRC Is**

The BRC is a diverse community of people from all over the greater Boston area, most of whom are consumers. It has a core of dedicated staff and volunteers who come from all walks of life. The community includes a number of mental health professionals, who themselves have lived experience with psychiatric conditions and/or substance abuse. Through peer-to-peer support, the BRC seeks to assist the community in reaching their recovery goals.

### **What it means to be a community member**

It's simple to become a member of the Boston Resource Center community: all you have to do is show up. Membership is free, and attendance is voluntary – participate as much or as little as you would like. Our community members are consumers in recovery, many of whom contribute to important functions of the center as volunteers, including group facilitation and managing the center itself.

### **How to use this guide**

This guide is for use by the community members of the Boston Resource Center. If you come here, we consider you a member of our community. The guide is intended to be the first step in getting access to a resource, whether it is legal assistance, a medical referral, or a place to live. It is also a useful tool for becoming educated on what resources the Boston area has to offer. This resource guide may be useful to friends and families of consumers and community members, in addition consumers themselves. The list is not exhaustive, and updates or additions to the directory will be made as required.

### **Contact**

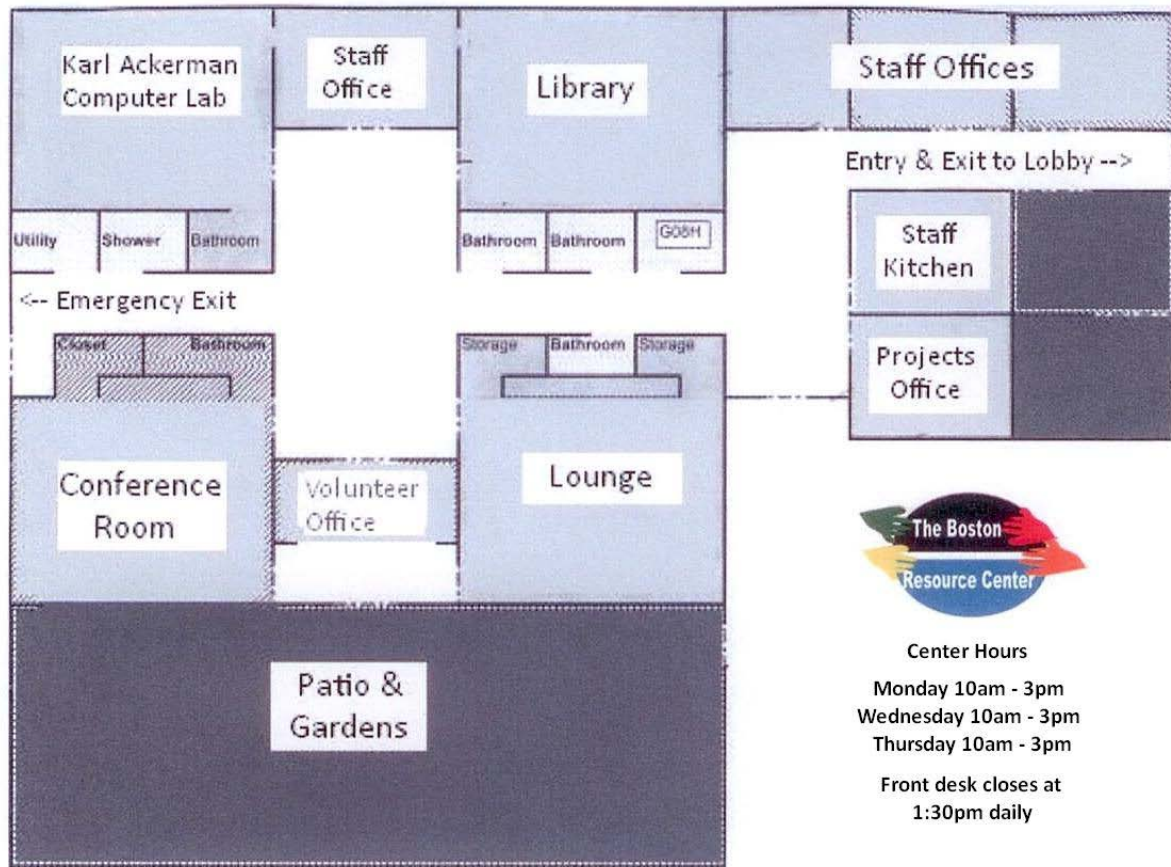
If you have any questions or comments about the Boston Resource Center, or would like more information, please contact us:

**[www.bostonresourcecenter.org](http://www.bostonresourcecenter.org)**  
**[info@bostonresourcecenter.org](mailto:info@bostonresourcecenter.org)**

**Phone: 617-305-9900**  
**Fax: 617-305-9992**

**85 East Newton St  
Ground Floor  
Boston, MA 02114**

## Map of the Boston Resource Center Facilities



## Sample schedule

### Monday

9:45am Morning Check-in  
 10am Center Opens  
 10:15am Movies, Moods & Thoughts  
 11am Recovery Journaling  
 12pm Dual Recovery Anonymous  
 1pm Women's Group  
 2pm NAMI Connection  
 3pm Center Closes

### Wednesday

9:45am Morning Check-in  
 10am Center Opens  
 10:30am Newcomer Orientation  
 11:30am Speaker  
 12pm Dual Recovery Anonymous  
 1pm Men's Group  
 2pm General Support  
 3pm Center Closes

## **Consumer & Family Resources**



# CONSUMER & FAMILY RESOURCES

## Hotlines

A **hotline** is a point-to-point communications link that connects the caller with a **call center**. The call center is typically staffed with **employees or volunteers** who can provide the caller with **information or support** specific to the hotline's purpose. A hotline can also sometimes provide **urgent care** or connect the caller with **emergency services**.

Name	Purpose	Number
AIDS Action Committee of Massachusetts	Provides information and referral for persons with AIDS/HIV	1-800-235-2331
Child at Risk Hotline	Call in to report suspected abuse or neglect of a child	1-800-792-5200
National Suicide Prevention Hotline	Federally funded suicide prevention hotline; connects individuals to crisis centers across the country	1-800-273-8255 <a href="http://suicidepreventionlifeline.org">suicidepreventionlifeline.org</a>
Samaritans	Crisis hotline staffed by volunteers; provides support to person who are suicidal or in despair	1-877-870-4673
Samariteens	Crisis hotline for teens; staffed by teen volunteers; help for any teen who is suicidal or in despair	1-800-252-8336
Disabled Persons Protection Commission (DPPC)	Call in to report suspected abuse of adults with disabilities between the ages of 18-59	1-800-426-9009
Elder Affairs Hotline	Staff provides assistance to elders on areas of concern; also provides connection to Protective Services when elder abuse is suspected	1-800-882-2003
Fenway Violence Recovery Project	Run out of the Fenway Community Health Center; helps the GLBT community with the aftermath of violence, including hate crimes and domestic violence	1-800-834-3242
Massachusetts Substance Abuse Hotline	Provides information and referral about substance abuse and treatment; run through DPH	1-800-327-5050
Alcoholics Anonymous (AA)	12-step support groups for persons with alcohol addiction	1-800-327-5050 <a href="http://www.helplineonline.com">www.helplineonline.com</a>
Narcotics Anonymous (NA)	12-step support groups for person with drug addiction	1-800-327-5050

Alanon/Alateen	Support groups for family and friends of persons with addictions; Alateen is specifically to address the support needs of young people	1-508-366-0556 (This is a statewide number for accessing local groups)
Peer Educators Project	Information on recovery from mental illness; uses peer model for recovery; also provides groups for recovery from dual diagnoses	1-877-284-6336
OC Foundation	Provides information and support for individuals with obsessive/compulsive disorder	203-878-5669
Dual Recovery Anonymous (DRA)	12-step groups for persons with both mental illness and addiction; website lists local groups	766-951-5357
Smart Recovery	Alternative to AA/NA for recovery from addiction	766-951-5357 <a href="http://www.smartrecovery.org">www.smartrecovery.org</a>
MBTA Special Needs Office	Helps persons with disabilities to obtain passes for reduced fares	617-222-5438
The Ride	Low-cost transportation for disabled individuals	617-222-5123
New England Index	Provides information and resources for persons with disabilities	1-800-642-0249
Depression and Bipolar Support Alliance (DBSA)	Provides information on affective disorders, runs support groups, and schedules speakers on topics related to mental illness	617-855-3665
Emotions Anonymous	12-step format for dealing with emotional distress; call for statewide meeting list	651-647-9712
Elderline	Helps seniors and consumers find financial assistance with medication or free medication	1-800-243-4636
Medication Assistance	Helps people without the ability to pay for medication	1-888-477-2669
Overeaters Anonymous	12-step support group for persons who overeat	781-641-2303
United Way Information & Referral Line	Basic information and referral; covers all topics	1-800-231-4377

## Warm Lines in Metro Boston and Metro Suburban Areas

Warm lines are similar to hotlines – they are call centers staffed by **volunteers and employees** who have received **training**. Unlike a hotline, however, a warm line is a **listening** line for those who seeking **supportive conversation** or listening, not for those who need urgent care.

Peer Warm Line (Metro Boston RLC)	Tues-Sun 4-8pm	1-877-733-7563
C.A.S.T.L.E.	Mon-Fri, Sun 7-11pm	617-610-7907 617-243-3977
The Peer Line	Mon-Thurs 8:30am-7:30pm Fri 9am-5pm	508-879-2250 x168
The Consumer Warm Line/ Edinburgh Center	Mon-Fri 5-10pm Sat & Sun 1-10pm	1-800-243-5836
The South Shore Warm Line	Mon, Thurs, Fri, Sun 5-10pm	617-689-1050 617-689-1051

## Recovery Learning Communities (RLCs)

RLCs are DMH **consumer-run networks** of self-help, peer support, information and referral, advocacy and training activities. **Training** in recovery concepts, advocacy forums, and **social activities** are offered as well.

Metro Boston Recovery Learning Community	Solomon Carter Fuller CMHC 85 East Newton St Boston, MA 02118	617-305-9989 <a href="mailto:info@bostonresourcecenter.org">info@bostonresourcecenter.org</a>
Metro Suburban Learning Community	460 Quincy Ave Quincy, MA 02169	617-472-3237 <a href="mailto:info@metrosubrlc.org">info@metrosubrlc.org</a>

## Resources for Family Members

These resources are intended to help **educate and support** the family members or friends of consumers in recovery. They provide **information, support and advocacy** for those supporting their loved ones through the recovery process.

National Alliance on Mental Illness (NAMI)	Parent organization of NAMI Mass; provides support for families that include a person with mental illness	1-800-950-6264 <a href="http://www.nami.org">www.nami.org</a>
National Alliance on Mental Illness of Massachusetts (NAMI Mass)	MA-based family organization; part of NAMI; NAMI/CAN is the consumer spinoff	1-800-370-9085 <a href="http://www.namimass.org">www.namimass.org</a>
Massachusetts Association for Mental Health	Mission is to promote, advocate, or develop community based education, health care, and mental health services for children and adults	617-742-7452 <a href="http://www.mamh.org">www.mamh.org</a>
Parent/Professional Advocacy	Non-profit organization that	866-815-8122

League (PAL)	advocates for families whose children have emotional disturbance or mental illness; statewide support group meetings	<a href="http://www.ppal.org">www.ppal.org</a>
Federation for Children with Special Needs	Non-profit organization that provides information and advocacy for any family with a special needs child including kids with serious emotional disturbance	617-236-7210 <a href="http://www.fcsn.org">www.fcsn.org</a>
Parents and Friends of Lesbians and Gays (PFLAG)	Provides information, advocacy and support	866-427-3524
Asperger's Association of New England	Non-profit advocacy organization for persons with Asperger's Syndrome	617-393-3824
Brain Injury Association of Massachusetts (BIA-MA)	Has a toll-free helpline staffed by social workers providing information, resources, support, and informal counseling. Offers support groups. Info on social security, state benefits and programs, Medicare and MassHealth, doctors, education, housing and supported living, and support groups	508-475-0032 <a href="http://www.biama.org">www.biama.org</a>
State Head Injury Program	Services for people with brain injuries; run through MRC	617-204-3852
Mental Illness Education Project	Associated with NAMI Mass; provides training tapes and literature; offers presentations to groups on mental illness	617-562-1111

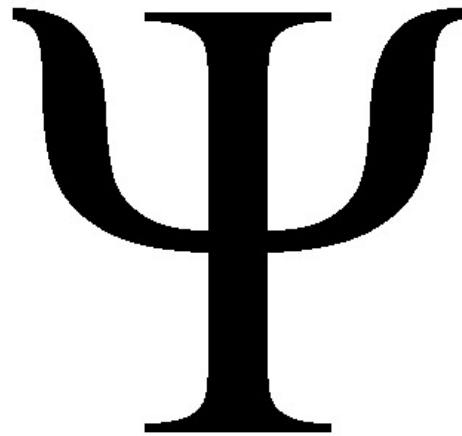
### Other Resources for Consumers & Family

These resources are for **both consumers and their family** members and friends, to create a **network of support**, education and advocacy for those involved in all aspects of recovery.

M-Power (Massachusetts People/Patients Organized for Wellness Empowerment and Rights)	Non-profit advocacy organization for consumers	877-769-7693
The Transformation Center	Peer-run organization spun off from M-Power; focuses on wellness and life recovery through dialogue, education, systems change advocacy and peer support. Offers training for peer specialist certification & WRAP facilitation.	877-769-7693 <a href="http://www.transformation-center.org/">http://www.transformation-center.org/</a>

National Empowerment Center	Advocacy center for consumer/survivor/ex-patients focusing on a person-centered recovery oriented system; provides information on topics of interest to consumers; advocacy	877-284-6336
REFUAH (A Time for Healing)	Refuah (a time for healing) is a Jewish organization dedicated to helping families and consumers copes with mental illness; educates and sensitizes the community about mental illness; Refuah welcomes all regardless of religion, race or nationality; meetings are free and open to the public	Congregation Kehillath Israel/ Novakoff Hall 384 Harvard St Brookline, MA  781-961-2815
The Boston Resource Center	Provides information on a range of topics and services pertaining to consumers	617-305-9976 <a href="http://bostonresourcecenter.org">bostonresourcecenter.org</a>
The Jonathan O. Cole Mental Health Consumer Resource Center	Provides information on a range of topics and services pertaining to consumers, including psychiatric referrals, housing, and Medicare	617-855-2795 <a href="http://coleresourcecenter.org">coleresourcecenter.org</a>
WRAP Classes (Wellness Recovery Action Plan)	Call number to check registry for local facilitator and class	866-436-9727 Copeland Center contact is Nancy Haldeman <a href="http://www.copelandcenter.org">www.copelandcenter.org</a>
MASSWRAP	Offers WRAP classes in MA	877-769-7693
Massachusetts Clubhouse Coalition	Coalition of psychosocial centers for consumers that focus on work skill; also provides social activities and recovery groups such as WRAP	781-788-8803 <a href="http://www.maclub.org">www.maclub.org</a>
Boston University Center for Psychiatric Rehabilitation	Provides rehab, recovery, and wellness courses for consumers on a tri-semester basis, or on a one-to-one basis	617-353-3549 <a href="http://www.bu.edu/cpr">www.bu.edu/cpr</a>
Boston University Center for Resilience	Recovery research center; Courtney Harding, Director and nationally-known researcher	617-353-3549 <a href="http://www.bu.edu/resilience">www.bu.edu/resilience</a>
Recovery, Inc.	Self-help program for consumers based on the practical teachings of its founder, Dr Abraham Low. Members learn techniques to regain and maintain mental health.	312-337-5661 <a href="http://www.recovery-inc.org">www.recovery-inc.org</a>
Massachusetts Organization for Addiction Recovery	Advocacy organization focusing on addiction recovery; provides education and support	877-423-6627 <a href="http://www.neaar.org/moar">www.neaar.org/moar</a>

## Health & Wellness



## HEALTH & WELLNESS

This section provides summaries and contact information for various health-related resources, focusing primarily on those services offered by the **Department of Mental Health**. It includes information on professional medical organizations for patients seeking **referrals or looking to file complaints**. This section also covers health insurance contacts, specifically low-cost or **state-funded health coverage**.

### Department of Mental Health Services & Resources

#### Service Directory for the DMH Central Office

25 Staniford St  
Boston, MA 02114

617-626-8000  
617-727-9842  
[www.state.ma.us/dmh](http://www.state.ma.us/dmh)

Barbara Leadholm	Commissioner	x68123
Marianne Callinan	Assistant to the Commissioner/Office Manager	x68123
Regina Marshall	Chief of Staff	x68031
Stephen Cidlevich	Director of Constituent Affairs	x68140
David Faria	Director of Investigations	x68151
Kerry Brooke	Director of Human Rights	x68139
Ed Wang	Director of Multicultural Affairs	x68137
Anna Chinappi	Director of Communication and Community Engagement	x68124
Laurie Burgess	Assistant Commissioner, Quality and Management Policy	x68150
Beth Lucas	Director of Quality Improvement	x68084
Jay Tallman	Director of Policy	x68179
Eleanor Shea-Delaney	Assistant Commissioner, Program Development and Interagency Planning	x68253
Marcia Fowler	Interim Deputy Commissioner, Mental Health Services	x68068
Debra Pinals, MD	Assistant Commissioner, Forensic Mental Health Services	x68071
Joan Mikula	Assistant Commissioner, Child/Adolescent Services	x68086
Lester Blumberg	General Counsel	x68233
Jamie Curtis	Director of Privacy and Compliance	x68163
Lawrence Behan	Deputy Commissioner	x68096
John Sullivan	Assistant Commissioner	x68042
Karen Brady	Director of Budget and Reimbursement	x68023
Claritza Abreu	Assistant Commissioner, Information and Referral Specialist	x68218
Mary Ellen Foti, MD	Deputy Commissioner, Clinical and Professional Services	x68116
Gary Pastva	Assistant Commissioner, Clinical and Professional Services	x68106
Liz Kinkad	Director of Licensing	x68121

**Information & Referral Specialist**

1-800-221-0053

Active During Business Hours Only, M-F, 8:45am to 5pm

**The following municipalities are covered by the “Metro Boston” area:**

Allston, Boston, Brighton, Brookline, Cambridge, Charlestown, Chelsea, Dorchester, East Boston, Hyde Park, Jamaica Plain, Mattapan, Revere, Roslindale, Roxbury, Somerville, & Winthrop

**Metro Boston Area**

Clifford Robinson, Area Director  
85 East Newton St  
Boston, MA 02118  
617-626-9200

*Kevin Guiney, Area Operations Manager*  
*David Hoffman, MD, Area Medical Director*  
*Patricia Kenny, Director of Community Services*  
*John Kelty, PhD, Director of Child/Adolescent Services*  
*Ronald Michaels, Area Forensic Director*

**DMH Operated Facilities in Area & Local Service Sites**

<b>Name</b>	<b>Location</b>	<b>Contact</b>	<b>Person in Charge</b>
Metro Boston Mental Health Units at Lemuel Shattuck Hospital	170 Morton St Jamaica Plain, MA 02130	617-971-3488 617-971-3840	Laura Rood, RN, CS, MSN Interim Chief Operating Officer
Erich Lindemann Case Management/ Community Site	25 Staniford St Boston, MA 02114	617-626-8500	Michele Anzaldi, MPA Site Director
Metro Boston Mental Health Units, Solomon Carter Fuller MHC	85 East Newton St Boston, MA 02118	617-626-8700	Mary Louise White, PhD, MS, RN Chief Operating Officer
Fuller/Bay Cove Case Management/ Community Site	85 East Newton St Boston, MA 02118	617-305-9900 617-626-8912	Theresa M. Harrison, LICSW Site director
Metro Boston Consolidated Child/ Adolescent Site	85 East Newton St Boston, MA 02118	617-626-9200 617-626-9252	John Kelty, PhD Director
Cambridge/ Somerville Case Management/ Community Site at the Erich Lindemann Mental Health Center	25 Staniford St Boston, MA 02114	617-626-4800 617-876-8832	Louise Dussault, M.Ed Site Director

## Boston Area Emergency Services Programs (ESPs)

*From the DMH Resource Guide on ESPs:*

Every ESP provides behavioral health crisis assessment, intervention, and stabilization services through 4 service components: Mobile Crisis Intervention (MCI) services for youth, adult mobile services, ESP community based locations and community crisis stabilization (CCS) services for ages 18 and over. All ESP service components and locations may be accessed through the ESP's toll-free number. Where applicable, local numbers for specific locations have also been provided.

It is recommended that individuals and families call the ESPs' toll-free number first, so the ESP can help them access the most appropriate services. Please refer to [www.masspartnership.com](http://www.masspartnership.com) and click on "ESP" on the left side of the homepage for more information including updates to this directory.

Please note that the ESP catchment areas, or groups of cities and towns covered by each ESP, do not align with those of the 6 Department of Mental Health Areas.

### Cities/Towns in Area:

Boston (Allston, Dorchester, South Boston, Roxbury, West Roxbury, Jamaica Plain, Mattapan, Roslindale, Hyde Park, Lower Mills), Brighton, Brookline, Charlestown, Chelsea, East Boston, Revere, Winthrop

24 Hour Access Number: 1-800-981-4357  
 Centralized Fax Number: 1-617-414-8306  
 ESP Provider: Boston Medical Center / Boston Emergency Services Team (B.E.S.T.)

*Andrea Hall, ESP Director*  
 617-414-8307  
[andrea.hall@bmc.org](mailto:andrea.hall@bmc.org)

*Deborah Fauntleroy, Mobile Crisis Intervention Manager*  
 617-414-4931  
[deborah.fauntleroy@bmc.org](mailto:deborah.fauntleroy@bmc.org)

Service Locations	Operating Hours	Cities/ Towns in Area
BEST Community Based Location 85 East Newton St Boston, MA 02118 617-414-8336 Fax: 617-414-8333	7am-11pm weekdays 9am-5pm weekends	Boston (Allston, Dorchester, South Boston, Roxbury, West Roxbury, Jamaica Plain, Mattapan, Roslindale, Hyde Park, Lower Mills), Brighton,
BEST Community Based Location 25 Staniford St Boston, MA 02114 617-523-1529	7am-5pm weekdays	Brookline, Charlestown, Chelsea, East Boston, Revere, Winthrop

Fax: 617-523-1207		
BEST/Boston Medical Center 818 Harrison Ave Boston, MA 02118 617-414-7612 Fax: 414-4209	24/7	
BEST/Mass General Hospital 55 Fruit St Boston, MA 02114 617-726-2994 Fax: 617-724-3727	24/7	
BEST Community Crisis Stabilization Program 85 East Newton St Boston, MA 02118 617-371-3000 Fax: 617-414-8319	24/7	
CSEST Community Based Location 22 McGrath Highway #204 Somerville, MA 02143 1-800-981-4357 Fax: 617-623-1817	7am – 11pm weekdays 7am – 8pm weekends	Cambridge, Somerville
CSEST / Cambridge Hospital 1493 Cambridge Street Cambridge, MA 02139 1-800-981-4357 627-665-150 Fax: 617-665-2310	24/7	
Riverside Community Based Location 190 Lenox St Norwood, MA 02062 1-800-529-5077 781-769-8674 Fax: 781-769-6717	8am – 7pm weekdays	Canton, Dedham, Dover, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham
Riverside Community Based Location 15 Beacon Ave Norwood, MA 02062 1-800-529-5077 781-769-1342	7pm – 7am weekdays 8am – 8pm weekends	
Riverside Community Crisis Stabilization Program 15 Beacon Ave Norwood, MA 02062 1-800-529-5077 781-769-1342	24/7	
SSMH Community Based Location	24/7	Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy,

460 Quincy Ave Quincy, MA 02169 1-800-528-4890 617-847-1950 Fax: 617-479-0356		Randolph, Scituate, Weymouth
SSMH Community Crisis Stabilization Program 460 Quincy Ave Quincy, MA 02169 1-800-528-4890 617-847-1950 Fax: 617-479-0356	24/7	

### DMH State Agency and Commission Contact Information

Department of Mental Health (DMH)	<a href="http://www.mass.gov/dmh">www.mass.gov/dmh</a>	1-800-221-0053 617-727-9842
Department of Developmental Disabilities (DDS)	<a href="http://www.mass.gov/dds">www.mass.gov/dds</a>	1-888-367-4435
Department of Children and Families (DCF)	<a href="http://www.mass.gov/def">www.mass.gov/def</a>	617-748-2325
Department of Public Health (DPH)	<a href="http://www.mass.gov/dph">www.mass.gov/dph</a>	1-800-882-1435 617-624-5992
Department of Transitional Assistance (DTA)	<a href="http://www.mass.gov/dta">www.mass.gov/dta</a>	1-800-445-6604
Department of Youth Services (DYS)	<a href="http://www.mass.gov/dys">www.mass.gov/dys</a>	617-727-7575
Executive Office of Elder Affairs (EOEA)	<a href="http://www.mass.gov/eoea">www.mass.gov/eoea</a>	1-800-243-4636 1-800-872-0166
Massachusetts Commission for the Blind (MCB)	<a href="http://www.mass.gov/mcb">www.mass.gov/mcb</a>	1-800-392-6450 1-800-392-6556
Massachusetts Commission for the Deaf and Hard of Hearing (MCDHH)	<a href="http://www.mass.gov/mcdhh">www.mass.gov/mcdhh</a>	Voice/TTY 1-800-249-9949
Massachusetts Rehabilitation Commission (MRC)	<a href="http://www.mass.gov/mrc">www.mass.gov/mrc</a>	Voice/TTY 1-800-245-6543

### Professional and Medical Resources

Name	Purpose	Contact
American Psychiatric Association	National organization for psychiatrists	1-888-357-7924
Massachusetts Psychiatric Society	Organization that provides a referral service for persons looking for psychiatrists	781-237-8100 x10 <a href="mailto:mps@psychiatry-mps.org">mps@psychiatry-mps.org</a>
Board of Registration in Medicine	Licensing info; takes complaints about physicians including psychiatrists	781-876-8200 781-876-8395
American Psychological	National organization for	202-336-5500

Association	psychologists	
Massachusetts Psychological Association	Organization that provides a referral service for persons looking for psychologists	1-888-283-3757 1-800-720-3480 <a href="http://www.masspsych.org">www.masspsych.org</a>
Board of Registration of Psychology	Licensing info; takes complaints about psychologists	617-727-9925
Board of Registration of Licensed Mental Health Counselors	Licensing information; takes complaints	1-888-283-3757 1-800-720-3479
National Association of Social Workers (NASW)	Massachusetts chapter; provides referrals to local clinical social workers	617-720-2828
Board of Registration of Social Workers	Licensing info; takes complaints about social workers	617-727-3073
Visiting Nurse Association of Boston	Certifies home health aides	617-426-5555

### Insurance Resources

Name	Purpose	Contact
Health Care for All	Organization that advocates for health care coverage; assists people in finding health care coverage	617-350-7279
Managed Care for Ombudsman/ Office Patient Protection	State-funded office that provides assistance to individuals and families that are encountering problems with HMOs	1-800-436-7757
Mass. Division of Insurance	Helpline addresses concerns and complaints about insurance companies	617-521-7777
MassHealth/ CommonHealth	Customer service center for the Division of Medical Assistance (Medicaid); also access to CommonHealth which is insurance for disabled individuals who work part-time	1-800-841-2900
Social Security Administration	Federal agency; access to social security benefits for persons with disabilities	1-800-772-1213

# Legal Resources

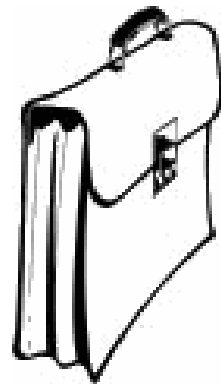


## LEGAL RESOURCES

The resources included in this section relate specifically to **disability and mental health law and advocacy**. These are contacts who can provide pro bono or low cost **legal assistance** to those seeking advocacy, representation, or information on rights.

Name	Purpose	Contact
Mental Health Legal Advisors Committee (MHLAC)	Independent state agency which helps children and adults with mental disabilities protect their rights and obtain appropriate services.	617-338-2345 or 1-800-342-9092 <a href="http://www.mass.gov/mhlac">www.mass.gov/mhlac</a>
Disability Law Center	Non-profit organization that provides legal assistance for any person with a disability including consumers. The DLC is the agency that provides protection & advocacy services for consumers in MA.	617-723-8455 or 1-800-872-9992 <a href="http://www.dlc-ma.org">www.dlc-ma.org</a>
Center for Public Representation	Non-profit organization that provides legal assistance to consumers (e.g., discrimination cases)	413-587-6265
Committee for Public Counsel Services (CPCS)	Provides free legal representation for consumers facing commitment hearings	1-800-882-2095
Mass. Correctional Legal Services	Non-profit advocacy organization for inmates	617-482-2773
Mass. Law Reform Institute	Non-profit agency that provides legal assistance, information and advocacy particularly for the poor and disenfranchised	617-357-0700 <a href="http://www.mlri.org">www.mlri.org</a>
Mass. Commission Against Discrimination (MCAD)	Assists in any discrimination case; particularly helpful to consumers who have encountered problems in the workplace or have been fired due to mental illness	617-727-3990
Volunteer Lawyers Project	Network of attorneys that provide legal representation at reduced fees	617-423-0648

# **Educational & Vocational Resources**



## EDUCATIONAL AND VOCATIONAL RESOURCES

The following resources are for those seeking assistance in finding **employment, job training, meaningful vocation, or educational services**. They are specifically for those with mental or physical disabilities, and include **job placement programs, rehabilitation services**, and assistance in creating or running **small businesses**.

Name	Location	Services	Contact
The Arc of Massachusetts	217 South St Waltham, MA 02453	Enhances the lives of individuals with intellectual and developmental disabilities and their families through advocacy and collaboration	<a href="mailto:arcmass@arcmass.org">arcmass@arcmass.org</a> <a href="http://www.arcmass.org">www.arcmass.org</a> 781-891-6270 781-891-6271
APSE Massachusetts	N/A	Enhances employment opportunities and the quality of life of individuals with severe disabilities by providing education, advocacy and support to consumers, family members, employers, and providers.	<a href="http://massachusettsapse.org">massachusettsapse.org</a> 781-322-0400
Barry Price Rehabilitation Center, Inc	38 Border Street Newton, MA 02465-2006	Employment services Habitation Family/residential supports	Jennifer Pike 617-332-7477 x221 <a href="mailto:s@barrypricecenter.org">s@barrypricecenter.org</a>
CAUSE: Consumers and Alliances United for Supported Education	460 Quincy Ave Quincy, MA 02169	Education-seeking services Financial aid	617-626-9098 <a href="http://mpower.org/copaboston">mpower.org/copaboston</a>
Charles River Arc Employment Services	989 Central Ave Needham, MA 02492	Social services agency Advocacy Employment services Training services	781-444-4347 <a href="http://www.crarc.org">www.crarc.org</a>
Enable, Inc – Networks Supported Living & Employment Services	605 Neponset St Canton, MA 02021	Living & employment services Early intervention programs Children’s center	781-821-1386
Hire Enterprises	95 West St Walpole, MA 02081	Vocational rehabilitation services Educational assessment Placement & support	508-668-4592 <a href="mailto:tkelly@mayinstitute.org">tkelly@mayinstitute.org</a> <a href="http://maysinstitute.org">maysinstitute.org</a>
Institute for Community	100 Morrissey Blvd	Education & training	617-287-4300

Inclusion / UCEDD	Boston, MA 02125	services Clinical services	<a href="mailto:ici@umb.edu">ici@umb.edu</a> <a href="http://communityinclusion.org">communityinclusion.org</a>
Job Accommodation Network (JAN)	PO Box 6080 Morgantown, WV 26506	Free consulting services ADA legislation assistance Individualized accommodation solutions	1-800-526-7234 304-293-7186 8am – 8pm EDT M-Th 8am – 7pm EDT Fri <a href="mailto:jan@jan.wvu.edu">jan@jan.wvu.edu</a> <a href="http://www.jan.wvu.edu">http://www.jan.wvu.edu</a>
Marriott Foundation for People with Disabilities	N/A	Job placement services School-to-work services	<a href="http://Marriottfoundation.org">Marriottfoundation.org</a>
My Turn, Inc	162 Main St Brockton, MA 02301	Youth dev. services Educational services Vocational services	508-580-2659 <a href="http://www.my-turn.org">www.my-turn.org</a>
Massachusetts Department of Education	350 Main St Malden, MA 02148	Improves the quality of the public education system so that students are prepared for higher education, employment, continued education, and responsible citizenship. Partnered with MA school districts and other organizations that provide educational programs and services.	781-338-3000 <a href="http://www.doe.mass.edu">www.doe.mass.edu</a>
Massachusetts Rehabilitation Commission	59 Temple Place Suite 905 Boston, MA 02111	Use 1-800 number for employment services	617-357-8137 1-800-245-6543 <a href="http://www.mass.gov/mrc">www.mass.gov/mrc</a>
Massachusetts Service Alliance	100 North Washington St, 3 <sup>rd</sup> Floor Boston, MA 02114	Service & volunteer opportunities Funding for grant proposals for MA-based non-profits	617-542-2544 <a href="http://www.mass-service.org">www.mass-service.org</a>
The May Institute	41 Pacella Park Drive Randolph, MA 02368	Educational, behavioral, & rehabilitative programs	781-440-0400 <a href="mailto:info@mayinstitute.org">info@mayinstitute.org</a> <a href="http://www.mayinstitute.org">www.mayinstitute.org</a>
Metro South/West Regional Employment Board	1671 Worcester Rd Suite 302 Framingham, MA 01701	Career centers Young-adult employment	508-665-5990 <a href="http://www.mswreb.org">www.mswreb.org</a>
National Center on Workforce & Disability/Adult (NCWD)	UMass Boston 100 Morrissey Blvd Boston, MA 02125	Job searches Youth services Laws/policy info	<a href="http://www.onestops.info">www.onestops.info</a>
New England ADA & Accessible IT Center	374 Congress St Suite 301 Boston, MA 02210	Job seekers Career fair listings Technical assistance	1-800-949-4232 617-695-1225 <a href="mailto:adainfo@newenglandada.org">adainfo@newenglandada.org</a>

Operation ABLE of Greater Boston, Inc	131 Tremont St Suite 301 Boston, MA 02111	Employment & training opportunities Serves adults	617-542-4180 <a href="mailto:ABLE@OperationABLE.net">ABLE@ OperationABLE.net</a> <a href="http://operationalABLE.net">operationalABLE.net</a>
Programs for People	98 Lincoln St Framingham, MA 01702	Self-support agency Employment services Job placement services	508-879-3230 <a href="http://Programsforpeople.org">Programsforpeople.org</a>
The Resource Partnership	251 West Central St Suite 31 Natick, MA 01760	Employment services for those with disabilities	508-647-1722 508-652-7284 <a href="mailto:info@resourcepartnership.org">info@ resourcepartnership.org</a>
Riverside Community Care	450 Washington St Dedham, MA 02026	Mental health & substance abuse services Employment services Educational assessment Career planning	781-329-0909 508-620-1730 for employment services <a href="http://www.riversidecc.org">www.riversidecc.org</a>
Small Business Administration (SBA) Massachusetts District Office	10 Causeway St Room 265 Boston, MA 02222	Independent agency of the federal government to aid, counsel, assist and protect the interests of small business concerns, to preserve free competitive enterprise and to maintain and strengthen the overall economy of our nation.	617-565-5590 <a href="http://www.sba.gov/ma">www.sba.gov/ma</a>
Small Business Administration (SBA) Region I Office	10 Causeway St Suite 812 Boston, MA 02222	(Same as above)	617-565-8415 <a href="http://www.sba.gov/ma">www.sba.gov/ma</a>
South Middlesex Opportunity Council, Inc (SMOC)	300 Howard St Framingham, MA 01702	Advocacy Educational & employment services	508-620-2300 508-872-4853 <a href="http://www.smoc.org">www.smoc.org</a>
World Institute on Disability (WID)	510 16 <sup>th</sup> St Suite 100 Oakland, CA 94612	Research Training services Public policy	<a href="http://www.wid.org">www.wid.org</a>
Work, Inc	3 Arlington St Quincy, MA 02171	Rehabilitation services Employment services	617-691-1500 <a href="mailto:workinc@workinc.org">workinc@workinc.org</a> <a href="http://www.workinc.org">www.workinc.org</a>

# Housing



## HOUSING

The following housing resources include chiefly **shelters** of various kinds, for men, women, children or families. They also include shelters specifically for victims of domestic violence. Some are open **24 hours**, others only during the **day or night**. They provide a **wide range of different services**. The resources also include **Independent Living Centers (ILCs)**.

### Adult Overnight Shelters (Men and Women)

Name & Location	Capacity	Length of Stay	Services & Hours	Restrictions	Referral
Boston Rescue Mission/Kingston House <a href="http://brm.org">http://brm.org</a> 39 Kingston St Boston, MA 02111 617-482-8819	100 men 35 women	Variable, open Oct- July only	2 meals/day Some clothing Spanish Register daily	9pm curfew	Self Church Agencies
Long Island Shelter Boston Harbor 617-534-7101 Intake: 617-534-2526	414 men	Unlimited	Counseling Clothing Handicap accessible Medical care Day Program Transportation Food Clinic Storage Lockers	Men over 18 8pm curfew	Self
Pine Street Inn 444 Harrison Ave Boston, MA 02118 617-521-7202 <a href="http://pinestreetinn.org">pinestreetinn.org</a>	700 beds 450 emergency, 250 transitional, 300 men, 100+ women	N/A	Food Job training Transitional housing Mental health support Substance abuse treatment	N/A	N/A
Shattuck Shelter 170 Morton St Jamaica Plain, MA 02130 617-971-3229	165 men 20 women	Unlimited	Counseling 3 meals/day Clothing Clinic Spanish, Haitian, Portuguese Handicap accessible Medical care Day Programs Transportation Storage Lockers	18+ years 10pm curfew	Self
Woods Mullen	300 men	Unlimited	Advocacy	N/A	Self

Center 784 Mass Ave Boston, MA 02118 617-534-7101	37 women		Counseling Nurse + referral 3 meals/day Clothing Spanish Medical care Transportation		
1740 Washington St Shelter 1740 Washington St Boston, MA 02118 617-536-7211	33 beds Men or women	Unlimited	Advocacy Counseling 2 meals/day Medical care Referrals	Sober	Self Agency
Boston YMCA Emergency Rooms 316 Huntington Ave Boston, MA 02115 617-296-1390	45 men 40 women	30 days	Advocacy Counseling 3 meals/day Nurse Clothing After care AA meetings Referrals	3-5 days sober	Self
Long Island Shelter Annex 39 Boylston St Boston, MA 617-521-8686	100 men	Unlimited	Counseling Emergency clothing Spanish Medical care Day programs Lockers Dinner & snacks	Curfew Last bus around midnight	Self
Salvation Army – Boston Central 187 Columbus Ave Boston, MA 617-542-5420 F: 617-542-6356	N/A	N/A	Adult programs, Emergency Assistance, Religious services, Youth services, military personnel assistance, senior citizens clubs	N/A	N/A
Caspar Inc 16 Highland Ave Somerville, MA 617-623-5277 and 240 Albany St Cambridge, MA 617-661-0600	Men and women	N/A	Medical & mental health care, food, personal hygiene supplies, clean clothes, case management, and employment, housing and treatment referrals	N/A	N/A
College Avenue Adult Shelter PO Box 440436 14 Chapel St Somerville, MA 02144 617-623-6111	8 men 4 women	5-6 months	Counseling 3 meals/day Clothing Medical care Referrals Day programs Limited storage Nearby food pantry	Sobriety 10pm curfew No handicap access	Agency Work
First Church Shelter	17	Variable	2 meals/day	Sobriety	Communit

11 Garden St Cambridge, MA 02138 617-661-1873			Limited clothing Limited storage Counseling referrals Medical care	10:30pm curfew No walk-ins	y Service provider
Harvard Square Homeless Shelter/ University Lutheran Shelter 66 Winthrop St Cambridge, MA 02138 617-547-2841 617-876-3256	19-20 men 4-5 women	2 weeks at a time Open Nov 15 – April 15	Advocacy 2 meals/day	Sober Call at 7:30am to reserve a bed	Self

### Men Only

Name & Location	Capacity	Length of Stay	Services & Hours	Restrictions	Referral
Pine Street Inn – Men’s Inn 444 Harrison Ave Boston, MA 02118 617-521-7202	290	Unlimited Open Nov 1 – April 1	Counseling 3 meals/day Clothing Spanish Medical clinic Day programs Transportation Some lockers	Men only	Self
Pilgrim Church / United Homes Shelter 540 Columbia Rd Dorchester, MA 02125 617-265-4515	140	N/A	Religious services, food, holistic health center, thrift shop	Men only	N/A
Bristol Lodge Men’s Shelter 27 Lexington St Waltham, MA 02454 781-893-0108	45	6 months in / 6 months out	Counseling Clothing by referral 1 meal/day Storage lockers	Sober men Out of shelter 7:45am – 6pm 7pm curfew	Self
New England Shelter for Homeless Veterans 17 Court St Boston, MA 617-248-9400	250; 16 beds available for women in dormitor y	Average stay is 9 months – 1 year	Medical & mental health services; work towards goal of self-sufficiency and permanent housing	No alcohol, drugs, weapons, or fighting; Open 24 hours	Self
Holy Family Shelter 1 Lingard St Dorchester, MA	65	6-8 months	Counseling (required) Some Spanish	6 months sobriety Physically and	Application process via Pine Street

02125 617-445-8461			Handicap accessible 3 meals/day Medical clinic	mentally stable Men only	
Pilgrim Church Shelter 540 Columbia Rd Dorchester, MA 02125 617-436-2588	80	Unlimited	Advocacy Counseling 2 meals/day Nurse Referrals	Closed 6am-4pm	Self
United Homes Adult Shelter 540 Columbia Rd Dorchester, MA 02125 617-265-4515	88 in summer 142 in winter	Unlimited	Counseling 2 meals/day Clothing in emergencies Creole Cape Verdian Spanish Medical care Transportation Advocacy	18+ years Last van at 8:30pm Must be transported by van	Self

### Women only

Name & Location	Capacity	Length of Stay	Services & Hours	Restrictions	Referral
Pine Street Inn – Women’s Inn 363 Albany St Boston, MA 02118 617-521-7110	70; 40 in transition	Unlimited	Counseling 2 meals/day Spanish Handicap accessible Storage lockers Medical care Emergency clothing Washing machines	8:30pm curfew	Self; Submit name for daily lottery 2:30-3:45pm
Rosie’s Place 889 Harrison Ave Boston, MA 02118 617-442-9322	20	14 nights, then evaluation for extension	Counseling 3 meals/day Spanish Handicap accessible Nurse & doctor once a week Day programs Workshops Storage lockers Mail service Showers Laundry	Sober 18+ years 9pm curfew	Self
Betty’s Place –	20	6 months	Counseling	Sober	Self

Boston YWCA 40 Berkley St Boston, MA 02116 617-482-1126			2 meals/day Referrals	Curfew	
Sancta Maria 11 Waltham St Boston, MA 02118 617-423-4366	10	7 nights per month	Breakfast and snacks Clothing Access to translations	Sober Open 7pm-8am 10pm curfew	Another shelter Social worker SSA
Bristol Lodge Women's Shelter 205 Bacon St Waltham, MA 02454 781-893-0108	12	6 months in / 6 months out	Counseling by referral 1 meal/day Clothing by referral Storage lockers	Sober Out of shelter 7:45am-6pm 7pm curfew	Self
St Patrick's Shelter 270 Washington St Somerville, MA 02143 617-628-3015	35	Variable	Advocacy Counseling by referral Medical by referral 2 meals/day Small lockers	Sobriety Out by 7:30am Must be at pick- up site at 19 Brookline St at 4pm	Self
Women Unit Shelter 363 Albany St Boston, MA 02118 617-482-9444	10	Unlimited	Spanish Chinese Counseling 2 meals/day Medical clinic Clothing Referrals	N/A	Self
On the Rise 617-497-7968 Mailing Address: 341 Broadway Cambridge, MA 02139	25-35 a day	N/A	Advocacy, assistance finding housing, breakfast and lunch, private shower, clothing, phones, address to receive mail, access to laundry, limited storage, legal & health consultation, educational workshops	Open 6 days / week Call M-F from 8-4 and Sat 8-2, except 1 <sup>st</sup> Sat of the month	N/A
Brookview House 2 Brookview St Dorchester, MA 617-265-2965	N/A	N/A	Services for women and children, youth development, supportive housing, customized family plan, training and education, prevention and stabilization	Women and children overnight	N/A

			services		
Re-vision House 34-42 Fabyan St Dorchester, MA 617-825-8642 <a href="http://vpi.org">vpi.org</a>				Women and children	

### Family Shelters

Name & Location	Capacity	Length of Stay	Services & Hours	Restrictions	Referral
Catholic Charities St Ambrose Family Inn 25 Leonard St Dorchester, MA 02122 617-288-7675	N/A	N/A	Food Clothing Shelter	N/A	Through DTA
Chardon St Shelter Temporary Home for Women and Children 41 New Chardon St Boston, MA 02114 617-523-2337	N/A	N/A	N/A	For women and children	N/A
Family Shelter 59 Cross St Somerville, MA 02145 617-776-6661 F: 617-666-2762	N/A	N/A	Case management Accommodation of teenage male children and intact families, including fathers; Housing search; Referrals to community resources; Child-care activities	Serves 5 families at a time	N/A
Sojourner House 85 Rockland St Roxbury, MA 02119 617-442-0590	N/A	No limit	Playroom, housing assistance, counseling and referrals	Two-parent and single-parent families, on a 24 hour basis;	N/A
Traveler's Aid Family Services 617-542-7286	N/A	N/A	Family emergency shelter program	After 5pm call Mayor's 24hr service and they will page TA	N/A
Crossroads Family Shelter 56 Havre St East Boston, MA 617-567-5926 <a href="http://ebcrossroads.org">ebcrossroads.org</a>	15 families	N/A	Share 5 bathrooms and 2 living rooms and common space, including kitchen; educational and employment	N/A	N/A

			assistance, nightly meals, food pantry		
Finex House PO Box 300670 Jamaica Plain, MA 617-436-2002 617-288-1054 Hotline and TTY <a href="mailto:finexhouse@yahoo.com">finexhouse@yahoo.com</a>	32 bed emer. safe shelter for battered women and their children	N/A	Accommodates disabilities and victims of domestic violence; housing advocacy, crisis intervention, aftercare program, ASL, Spanish and Haitian Creole, mental health services, parenting groups	Boys up to 16	N/A
Cambridge YWCA Emergency Family Shelter 7 Temple / 3 Bigelow St Cambridge, MA 617-491-6050	10	N/A	Advocacy Referrals Spanish Haitian Bengali Clothing Counseling	No male children over 12	EA eligible
The Horizons Initiative, Helping Hands for Homeless Children 617-287-1900	71 homeless children, 2 months to 6 years old	N/A	Full-time childcare for children and families; Counseling Education Job training Parenting workshops Childcare activities	N/A	N/A

### Miscellaneous Shelters

Name & Location	Capacity	Length of Stay	Services & Hours	Restrictions	Referral
Boston Night Center (at Center Club) 31 Bowker St Boston, MA 02114 617-248-1998	N/A	N/A	Drop-in night shelter for men and women; couples	N/A	Referrals for Center Club at <a href="http://centerclubboston.org">centerclubboston.org</a>
Cardinal Medeiros Center Holy Trinity Church 140 Shawmut Ave Boston, MA 617-451-9331 617-825-5000	N/A	N/A	Drop-in daytime shelter 9am-4pm M-Th 9am-3pm Fri Lunch 11:45am-1pm Case management Medical screening Counseling Transitional &	Sober For men and women 45+	N/A

			congregate housing		
St Francis House 39 Boylston St Boston, MA 02116 617-542-4211	N/A	N/A	Drop-in daytime shelter 7am-3pm Meals from 7:30-9am, 11:30am-1pm, 1-2pm; Counseling & medical services, legal aid, telephone & computer access; sign up for shower and toiletries; mail service	For men and women 45+	N/A
Women's Lunch Place Church of the Covenant 67 Newbury St Boston, MA 617-267-1722 <a href="http://womenslunchplace.org">womenslunchplace.org</a>	N/A	N/A	Drop-in daytime shelter M-Sat 7am-2pm Breakfast 8-11am Lunch 12-2pm Daily necessities Shower Baby items Groceries Clothing Medical care Legal aid Advocacy Internet and phone access	Women and children only	No referral or intake process
YWCA Aswalos House 246 Seaver St Dorchester, MA 02121 617-375-2571 F: 617-442-5630	N/A	N/A	Drop-in daytime shelter	N/A	N/A
Salvation Army Cambridge Shelter 2 Mass Ave Cambridge, MA 02139 617-547-3400	40 men	4 days in/ 4 days out	Drop-in daytime shelter Counseling 3 meals/day Spanish Handicap accessible Medical clinic Day programs	Sober Men 18+ 7pm curfew	Self
Shelter Inc – Cambridge Shelter 109 School St Cambridge, MA	15 men 6 women	3 days Some extensions	Drop-in daytime shelter Counseling 3 meals/day on	Sober 18+ years old 10pm curfew	Agencies case manager

02139 617-547-1885			weekends Clothing Spanish Day programs Storage		
The Women's Center 46 Pleasant St Cambridge, MA 617-354-8807	N/A	N/A	Drop-in daytime shelter M-Th 10am-10pm Kitchen Computers	Women only	Walk-ins welcome
Caspar Emergency Service Center (ECC) 240 Albany St Cambridge, MA 617-661-0600	N/A	N/A	Emergency shelter 4:30pm-8am; Medical & mental health care; food, toiletries, clean clothes; housing, employment, and treatment referrals	For active users of drugs and alcohol; open 24 hours; High-risk day shelter 8am-4:30pm by referral only	N/A
MGH Homeless Clinic 617-726-2707	N/A	N/A	W & Th 9-4pm M, T, F 9-12pm		Appointments preferred but walk-ins accepted
Ruby Rogers Drop-In Center 71 Union Square Somerville, MA 02143 617-625-9933	N/A	N/A	Consumer-run center	N/A	N/A
Starlight Ministries 617-262-4567	N/A	N/A	Outreach van with: Food Clothing Blankets Worship Weds 8pm by Park St T station Worship Thurs 8pm by Harvard Square	N/A	N/A
Transition House 649 Mass Ave Cambridge, MA 617-354-2676 <a href="http://transitionhouse.org">transitionhouse.org</a>	N/A	Shelter and long-term housing for victims of domestic violence	Intervention programs; youth services; mental health services; community outreach and education	N/A	N/A

## Independent Living Centers (ILCs)

ILCs are **private, non-profit, consumer-controlled**, community-based organizations providing services and advocacy by and for **persons with disabilities**. Their goal is to assist individuals with disabilities to achieve their maximum level of **independent functioning** within their families and communities.

Name & Location	Contact
Boston Center of Independent Living 95 Berkeley St Boston, MA 02116	617-338-6665 617-338-6662
Independent Living Project 110 Claybourne St Dorchester, MA 02124	617-288-8431 617-288-2707 <a href="http://www.bostonabcd.org">www.bostonabcd.org</a>
Independent Living Center of the North Shore and Cape Ann 27 Congress St Suite #401 Salem, MA 01970	978-741-0077 978-745-1735 <a href="http://www.ilcnsc.org">www.ilcnsc.org</a>
Metro West Independent Living Center 280 Irving Street #401 Framingham, MA 01720	508-875-7853 <a href="http://www.mwcil.org">www.mwcil.org</a>

## Food Resources



# FOOD RESOURCES

## General Resources

Name	Contact	Purpose
Project Bread's Food Source Hotline	1-800-645-8333	Referrals to pantries throughout the city
Project Bread's Food Resource Websites	<a href="http://www.gettingfoodstamps.org">www.gettingfoodstamps.org</a> <a href="http://www.meals4kids.org">www.meals4kids.org</a>	Pantry referrals
Department of Transitional Assistance	1-800-249-2007	Call to request a food stamp application
SERVE New England	1-888-742-7363	Multi-state food co-op
SNAP Food Stamps	1-866-950-3663 for Info and Application; 1-800-455-6604 DTA Recipient Services Hotline; 1-800-997-2555 EBT Customer Service	Food stamp applications and customer service

## Food Pantries

A **food pantry** is one type of agency that distributes food to the poor. Pantries are typically staffed by **volunteers** and sponsored by local faith communities. These volunteers may receive food through private donations, the USDA commodities program, or through a Food Bank network, which has large warehouses of food. Some pantries are in church basements, while others may be nothing more than a closet in a daycare facility. Low income individuals and families can visit these pantries to receive a box or two of **emergency groceries**.

### Boston

Name	Address	Phone Number
APAC	143 Harvard Ave Allston, MA 02134	617-783-1485
ABCD	1 Michelangelo St Boston, MA 02113	617-523-8125
American Red Cross Pantry	1033 Mass Ave Boston, MA 02118	617-236-2043
American Red Cross Nutrition Works	1033 Mass Ave Boston, MA 02118	617-236-2043
Bethel Tabernacle Pentecostal Church	10 St George St Boston, MA 02118	617-267-7817
Boston Rescue Mission Pantry	39 Kingston St Boston, MA 02111	617-338-9000
Church of the Covenant	67 Newbury St Boston, MA 02116	617-266-7480
Concord Baptist Church	190 Warren Ave Boston, MA 02116	617-266-8062
Haley House Food Pantry	23 Dartmouth St Boston, MA 02116	617-236-8132

International Institute of Boston – Pantry	1 Milk St 4 <sup>th</sup> Floor Boston, MA 02109	617-695-9990
Rosie’s Place – Pantry	889 Harrison Ave Boston, MA 02118	617-442-9322
Salvation Army / South End Food Pantry	1500 Washington St Boston, MA 02118	617-236-7233
Sojourner House	85 Rockland St Boston, MA 02119	617-442-0590
South End Neighborhood Church Pantry	2 San Juan St Boston, MA 02118	617-262-0900
St Anthony Shrine / Franciscan Food Center	100 Arch St Boston, MA 02110	617-542-6440
St Francis House Inc Pantry	39 Boylston St Boston, MA 02112	617-654-1225
Tenants Development Corp (TDC)	23 Wellington St Boston, MA 02118	617-247-3988
The Paulist Center	5 Park St Boston, MA 02108	617-742-4460
Women’s Service Club Food Pantry	554 Columbus Ave Boston, MA 02118	617-262-3935
Allston-Brighton Food Pantry	404 Washington St Brighton, MA 02135	617-921-1488

### Cambridge

Cambridge Senior Center Food Pantry	806 Mass Ave Cambridge, MA 02139	617-349-6043
Cambridgeport Baptist Church Food Pantry	459 Putnam Ave Cambridge, MA 02139	617-576-6779
CEOC Food Pantry / Food for Free	11 Inman St Cambridge, MA 02139	617-868-2900
East-End House	105 Spring St Cambridge, MA 02141	617-876-4444
Margaret Fuller House Food Pantry	71 Cherry St Cambridge, MA 02139	617-547-4680
Mass Ave Baptist Church Food Pantry	146 Hampshire St Cambridge, MA 02139	617-868-4853
Salvation Army / Cambridge Food Pantry	402 Mass Ave Cambridge, MA 02139	617-547-3400
St James Episcopal / Helping Hand Pantry	1991 Mass Ave Cambridge, MA 02140	617-876-4381
St Paul’s AME Church Pantry	85 Bishop Allen Dr Cambridge, MA 02139	617-661-1110
Zinberg Clinic Pantry	1493 Cambridge St Cambridge, MA 02139	617-665-1038

## Dorchester

Antioch Missionary Baptist Church Pantry	1082 Blue Hill Ave Dorchester, MA 02124	617-288-6559
Berea Church Pantry	108 Seaver St Dorchester, MA 02121	781-986-3971
Catholic Charities/ Community Family Ctr.	185 Columbia Dr Dorchester, MA 02121	617-506-6600
Charles Street AME Church	551 Warren St Dorchester, MA 02121	617-442-7770
Codman Square Health Center	450 Washington St Dorchester, MA 02124	617-822-8369
Dorchester House	1353 Dorchester Ave Dorchester, MA 02122	617-288-3230
Eglise Baptiste Haitienne	1 Dix St Dorchester, MA 02124	617-287-8351
Elm Hill Family Service Center	22 Elm Hill Ave Dorchester, MA 02121	617-442-5900
Emmanuel Temple Church Food Pantry	471 Warren St Dorchester, MA 02121	617-442-8500
Faith Pentecostal Church	301 Harvard St Dorchester, MA 02124	617-265-5700
Full Life Gospel Center	493 Washington St Dorchester, MA -2124	617-288-3027
Glad Tidings Pentecostal Assembly, Inc	573 Norfolk St Dorchester, MA 02126	617-296-6784
Grace Church of All Nations Pantry	451 Washington St Dorchester, MA 02124	617-825-6757
Greater Anointing Church Pantry	20 Charlotte St Dorchester, MA 02121	781-420-6558
Harvard St Neighborhood Health Center	632 Blue Hill Ave Dorchester, MA 02121	617-822-5585
Holy Tabernacle Church	70 Washington St Dorchester, MA 02121	617-427-8022
Kit Clark Senior Services Pantry	1500 Dorchester Ave Dorchester, MA 02122	617-825-5000
Mt Calvary Holy Church Pantry	9-15 Otisfield St Dorchester, MA 02121	617-427-7596
Neponset Health Center Food Pantry	398 Neponset Ave Dorchester, MA 02122	617-282-3200
New Testament Church of God	25 Stoughton St Dorchester, MA 02125	617-265-6034
Pilgrim Church Food Pantry	540 Columbia Rd Dorchester, MA 02125	617-282-0456
Project Care and Concern	540 Columbia Rd Dorchester, MA 02125	617-288-2372
Refuge & Relief Mission	292 Talbot Ave Dorchester, MA 02124	617-282-0231
Rehoboth Bethel Church Pantry	20 Michigan Ave Dorchester, MA 02121	617-276-8014

Saint Katherine Drexel Parish	517 Blue Hill Ave Dorchester, MA 02121	617-445-8915
St Mary's Food Pantry	14 Cushing Ave Dorchester, MA 02125	617-282-3181
St Matthew's Church Food Pantry	33 Stanton St Dorchester, MA 02124	781-729-1410
Temple Salem SDA Church	222 Woodrow Ave Dorchester, MA 02124	617-277-9852
Zion Temple Church Food Pantry	79 Stanton St Dorchester, MA 02124	617-825-9165

### Roxbury

ABCD/Parker Hill Fenway Neighborhood Service Center	714 Parker St Roxbury, MA 02120	617-445-6000
ABCD/South End Neighborhood Action Program	554 Columbus Ave Roxbury, MA 02118	617-267-7400
Bethel Baptist Church/ Open Door Pantry	18 Saint James St Roxbury, MA 02119	617-427-3560
Boston Medical Center Food Pantry	818 Harrison Ave Dowling Building 4 <sup>th</sup> Flr Roxbury, MA 02118	617-414-3834
Catholic Charities/ El Centro del Cardena	76 Union Park St Roxbury, MA 02118	617-542-9292
Church of God of Prophecy/ Roxbury	270/272 Warren St Roxbury, MA 02119	617-216-7025
Eliot Congregational Church Food Pantry	56 Dale St Roxbury, MA 02119	617-445-7525
Grace and Hope Mission Food Pantry	1900 Columbus Ave Roxbury, MA 02119	617-442-7579
Grant AME/ Self-Help	1906 Washington St Roxbury, MA 02118	617-427-1019
Omega Men in Action	32-34 Linwood St Roxbury, MA 02119	617-442-2114
Outreach Van Project	715 Albany St Roxbury, MA 02118	617-872-7782
People's Baptist Church Food Pantry	134 Camden St Roxbury, MA 02118	617-427-0424
Resurrection Lutheran Church	94 Warren St Roxbury, MA 02119	617-522-2984
Salvation Army/ Roxbury Food Pantry	23 Vernon St Roxbury, MA 02119	617-427-6700
St Mary of the Angels Food Pantry	377 Walnut Ave Roxbury, MA 02119	617-445-1524
St Stephen's Church Food Pantry	419 Shawmut Ave Roxbury, MA 02118	617-262-9070
Tobin Brigham Family Support Program	40 Smith St Roxbury, MA 02120	617-427-2543
Twelfth Baptist Church Food Pantry	160 Warren St Roxbury, MA 02119	617-442-7855

Union United Methodist Church Food Pantry	485 Columbus Ave Roxbury, MA 02119	617-287-1020
United Emmanuel Holiness Church	65 Windsor St Roxbury, MA 02119	617-445-6933
Urban Edge Housing Corporation	7 Waldren Rd Roxbury, MA 02119	617-989-9323
Warwick House- St Phillip's Parish	175 Ruggles St Roxbury, MA 02120	617-442-8890

### Other Locations

Brookline Emergency Food Pantry	15 St Paul St Brookline, MA 02446	617-566-4953
Hyde Park Food Pantry	1179 River St (Rear) Hyde Park, MA 02136	617-839-0985
APAC Jamaica Plain Pantry	295 Center St Jamaica Plain, MA 02130	617-522-4250
Greater Boston Nazarene Compassion Center	130 River St Mattapan, MA 02126	617-296-7450
Haitian American Public Health Initiatives	10 Fairway St Mattapan, MA 02126	617-298-8076
Healthy Baby, Healthy Child/ BMC	205B River St Mattapan, MA 02129	617-534-5832
International Ministry Food Pantry	9 Cummings St Somerville, MA 02145	617-625-1692
Somerville Homeless Coalition/ Project SOUP	15 Franklin St Somerville, MA 02143	617-776-7687
Fourth Church Food Pantry	340 Dorchester St South Boston, MA 02127	617-268-1281
St Monica's/St Augustine's Food Pantry	331 Old Colony Avenue South Boston MA 02127	617-268-1230
SVDP/ Parish Pantry	363 E Street South Boston, MA 02127	617-268-8100

## CREDITS

This resource guide was compiled and edited by Kate Roberts, Boston Resource Center intern. Sources included the Department of Mental Health's service directory, the Emergency Services Program directory, and various contributions by community members. Thank you to everyone who helped make this project possible!

If you would like to report an error or omission, or would like your business removed from this listing, please contact the Boston Resource Center via phone or email, 617-305-9989 or [info@bostonresourcecenter.org](mailto:info@bostonresourcecenter.org).